

Xavier Institute of Management and Informatics

An MBA and MCA Division of St. Xavier's College, Jaipur

A Christian Minority Jesuit Institution run by Jaipur Xavier Educational Association Affiliated to Rajasthan Technical University, Kota & Approved by AICTE, New Delhi Nevta-Mahapura Road, Jaipur-302029, Rajasthan

7300042736 info@ximi.ac.in https://ximi.ac.in

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NOTICE

Yoga Day: Nurturing wellness

Wellness begins within & yoga nurtures ones body, mind & soul. With yoga you can lead a better balance life and rooted self- awareness & inner peace. With this belief the college is organizing one day **Yoga Day: Nurturing wellness** is being organized under **Fit India Week Celebrations** in XIMI campus. Hence all the students of MBA & MCA sem I & III are informed that you have to attend the session & it will be taken by Mr. Manish Kothari. Attendance is compulsory.

This session will also cover the SODECA ACTIVITY for MBA and MCA Semesters I & III.

Date: 03 November 2025 Time: 8:00 to 8.30 AM Venue: XIMI Auditorium,

City Office, Hathroi Fort Road, Jaipur

*Carry your yoga mats.
*Wear comfortable dress.

Faculty Coordinator: Dr. Swati Tiwari

Student Coordinators: Lovenish Yadav (7073921839) Khushi Jain (8955683484) Kripa Verma (7073524590)

Director

Ref: XIMI/ACAD/2025/3101-3103

Copy forwarded to the following for information and necessary action.

- 1. Director, Office XIMI, Jaipur
- 2. All Staff, XIMI, Jaipur
- 3. Website Coordinator, XIMI, Jaipur